



Client

Goals vs Goal 2.0

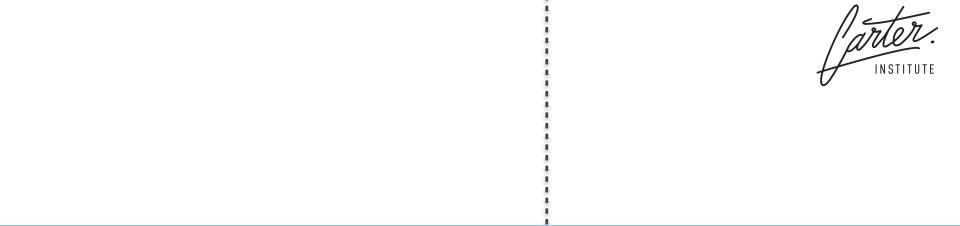
Subjective Health History

Objective Physiology & Musculoskeletal

Protocol Flow

Lifestyle

Ancesteral Biohacks



Goals vs Goals 2.0

Be Do Have

Purpose

Passion

Handbrakes

Trauma

Archetype

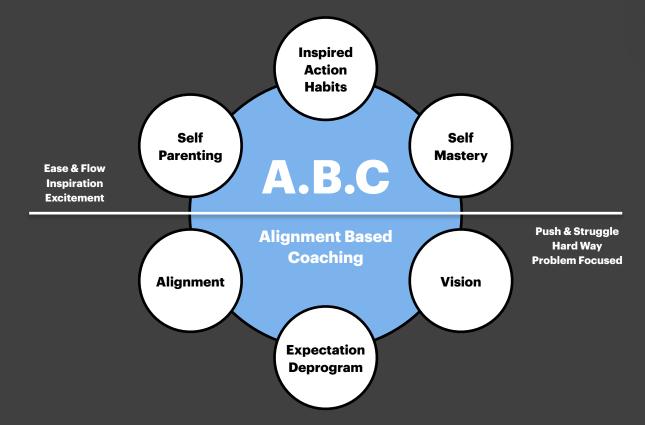
Integration

Surrender

Principles

Alignment Based Coaching



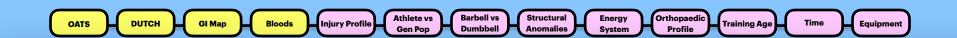






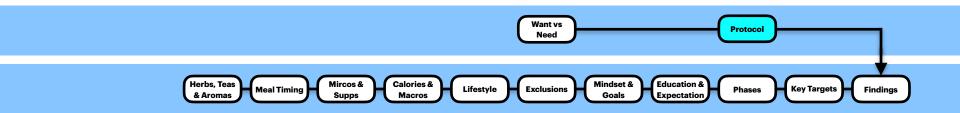
Subjective Health History





Objective Physiology & Musculoskeletal





Protocol Flow





Lifestyle





Ancestral Biohacks

