

Reminder Email



Big red circle around your name?

Hey [NAME],

I'm looking forward to your functional health consultation on [DATE] at [TIME].

It's locked in my diary with a big, red circle.

Why am I telling you this? Because big, red circles are reserved for big, exciting events.

And, [FIRST NAME], this is the red-carpet premiere of the next chapter of your health story.

I bet you're a bit like [PAST CLIENT'S NAME], who sat right where you are now. I've included a snapshot after she had her mind blown ...

[INSERT PICTURE OF CLIENT MESSAGE]

They came in curious. They left with a plan, a pep in their step, and a whole new outlook on what 'feeling good' really feels like.

See you on the other side of that big, red circle.

[Your Name]

P.S. Remember, this isn't just another appointment. It's the start of something that could change the way you wake up every morning.

(And no, I'm not serving coffee in bed, but the results might just have you jumping out of it!)

P.P.S Please make sure you have done your Blueprint



